

Avenue

www.savemyskin.com.au

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Visia complexion analysis

Everyone knows that our complexion is the window through which our image is projected to the world. The Visia Complexion Analysis system has been imported from the US and has now become an integral part of our skin diagnosis.

The Visia system uses multi spectral imaging and analysis to capture key visual information about the health of your skin and its appearance. Specifically brown spots, wrinkles, pores, texture, evidence of bacteria and UV spots (characteristic of photo damage typically from over exposure to the sun) are analysed and charted. Visia provides the information necessary for truly individualised facial rejuvenation and skin care which is a match to your unique complexion profile. Additionally, Visia provides a comparison of your complexion's characteristics to others of your



same age and skin type.

Your facial rejuvenation program can now be planned accurately based on your unique complexion profile. A printed report which you can take home provides details of your imaging session and recommended skin care options.

This month we welcome Lilly Lavakeiaho, our new skin care therapist.

Lilly obtained her Diploma in Beauty Therapy in 2002 and has now worked in the industry for 5 years. Lilly is highly motivated and strives to stay ahead of her field through on-going education. She has acquired certificates in paramedical aesthetics and advanced skin care, specifically in the science of exfoliation peeling.

Lilly will offer an extensive range of skin care services including Visia Skin Analysis, Silk Peel Micro dermabrasion with dermal infusion, Fractional Laser Resurfacing, IPL Hair Removal, Photo Facials and the latest in medical skin care. In addition, Lilly has experience in micro-pigment cosmetic tattooing to enhance eyebrows and eyelids.

Juvaderm lip enhancement

Are you one of the women who would prefer fuller lips?

As we age, our lips lose volume due to a decrease in the amounts of collagen, elastin and hyaluronic acid. Our lips have an extremely thin outer layer, so that as volume is lost, lip lines and wrinkles begin to appear.

Juvaderm (the newest and best filler) is a smooth injectable gel which enhances lip contour and definition. Lip volume can also be enhanced.

Juvaderm is made from hyaluronic acid, found naturally within our tissues, assisting in skin hydration by attracting and holding water. It also combines with collagen and elastin to provide skin structure and elasticity.

Results last for 6 – 12 months and the **Juvaderm** acts as a scaffold and stimulant for the body to produce more of its own collagen in the future.

Special Offer A free Visia Complexion Analysis with all **Juvaderm** treatments.

Please note that we are now open on Saturdays and after hours on weekdays.



**AVENUE
ADVANCED
SKIN CARE**

> FACIAL REJUVENATION
> PHOTO-FACIALS
> IPL HAIR REMOVAL

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UltraShape – body contouring and spot fat reduction by ultrasound.

Are you troubled by stubborn areas of fat of the abdomen, thighs or arms (by stubborn we mean areas that don't seem to respond well to diet and exercise)? Until now, the best treatment has been liposuction. Although this is an excellent procedure, it does require a general or local anaesthetic, some time off work and is accompanied by some bruising.

UltraShape uses high-powered focused ultrasound to safely, effectively and painlessly remove unwanted fat.

This is not the "fat zapper" or "fat blaster". (These are extensively advertised but unproven) Ultrashape is a highly sophisticated, powerful ultrasound system that destroys fat cells in much the same way that kidney stones are destroyed using the lithotripter.

During treatment the fat cells are disrupted and stored fat is released into surrounding tissues. It is then transported away through the

blood and lymphatic systems. The fat is metabolised just as if you have had a large meal. It is important to note that the fat cell (storage system) is destroyed and that the body is unable to make any more fat cells. The results are therefore permanent. Each treatment takes 1 to 2 hours and between 1 and 3 treatments are usually required. We now have had several months experience in using UltraShape and find that there is a 1–2 cm decrease in circumference with each treatment. The treatment area continues to contract for 2 weeks after treatment and the results are cumulative. In other words, after 3 treatments you could expect up to 6 cm reduction in circumference. Patients notice this as a loosening of their clothes even if their weight remains stable. Best results are seen in patients who maintain a healthy diet and exercise regularly.

www.ultrashapemelbourne.com.au

Kate Giouzellis has recently returned from Paris where she attended an International Anti-ageing Conference as part of her prize as Australia's leading skin care practitioner for 2007. This is the second year in a row that Kate has won this prize and Kate is keen to share her knowledge of the latest developments in skin care with our experienced therapist Michelle Casey. Michelle has recently completed a course in Advanced Skin Peels and understands the latest science that enables safe rejuvenation of the dermis.

Palomar StarLux 1540 fractional laser resurfacing

Would you like to remove sun damage and develop a fresher, more youthful skin tone and texture? How about with no downtime? Skin resurfacing using the Palomar StarLux 1540 Fractional Laser System achieves this by delivering light in an array of narrow focused "micro beams" to create columns of coagulation within the dermis. The inner tissue within these columns initiates a natural healing process that forms new healthy tissue. The Lux 1540 beams penetrate deep into the dermis for effective long-term results. Quick healing in the dermis is stimulated while leaving the epidermis intact with no lasting redness

Unlike other treatment devices such as the CO₂ Laser, the Fractional Laser is "non ablative" which means there is no downtime.

Treatments are quick, painless and easy. No dye is applied to your skin and the built-in cooling ensures that treatments are comfortable. StarLux Fractional Resurfacing can be applied to any area of the body including the face, chest, arms and hands. Since its introduction it has proven extremely popular with our patients as a method of removing brown spots and improving skin texture.